Thank you.

Please be aware that the following procedures may be required:

• Fasting
• Medication/Infusion
• Prenatal Care
• Obstetric Ultrasound
• Ob/Gyn Consultation

Please bring your insurance information with you on the day of your appointment.

Your appointment is for:

Please arrive at the hospital 15 minutes prior to your scheduled appointment time.

If you need to cancel or reschedule your appointment, please contact our scheduling department at 419-394-3335 ext. 3550 as soon as possible.

Serving our community since 1953

Joint Township District Memorial Hospital

200 St. Clair Street
St. Marys, Ohio 45885-2494

Phone: 419-394-3335 ext. 3550 • Toll Free: 877-564-6897

www.jtdmh.org

Our Mission

is to always provide—now and in the future—high-quality, low-cost, sensitive healthcare that is properly housed, equipped and staffed to meet the primary, acute and rehabilitative health service needs of Auglaize County and our surrounding communities.

For more information contact:

HCG PP 3M 2/02 #14120 PRINTED IN U.S.A.
The Upper Gastro-Intestinal Series is a diagnostic x-ray of the esophagus, stomach, and duodenum.

The Procedure

An x-ray camera will be placed over you in a dimly lit room. While you are drinking a solution called barium, a radiologist (x-ray doctor) will use a TV monitor to follow the barium from the mouth through the esophagus to the stomach. A series of x-ray films will be taken by the radiologist and technologist throughout the test. The entire test will take about one (1) hour. Should x-rays of the small bowel also be needed, more time will be needed. The length of time will depend upon how long it takes the barium to completely outline the organs involved. It is not unusual for x-rays of the small bowel to take up to 1-3 hours.

Preparation Instructions

1. You may have a liquid supper (no milk products) the evening before the x-rays. Some examples of a liquid supper are chicken and beef broth, jello or clear soups.
2. Do not eat or drink anything after midnight until your x-rays are completed.
3. Do not eat breakfast the morning of your x-rays until the x-rays are completed. If on medications, you may take them with a small amount of water.
4. A laxative will be given after your x-rays are completed.

For Your Information

1. Any woman who is pregnant, or thinks she might be, should let her doctor know before having the x-ray.
2. Please inform the technologist of any known allergies.
3. Do not bring jewelry or large amounts of money with you.
4. You will be asked to change into a hospital gown.
5. Relax and follow the specific instructions given to you by the x-ray staff. You may be asked by the radiologist to assume various positions during the x-ray to make sure the entire stomach is seen.
6. You will be able to leave the X-ray Department when the test is finished. Discharge instructions will be given to outpatients.
7. Please use the laxative given to you and drink a large amount of fluid for the next 24 hours. The sooner the laxative is taken after the x-ray, the better the results. If the laxative does not give results within the first 24 hours after taken, a Fleet's Enema should be taken. You may purchase the Fleet's Enema at any drugstore. Your stool may be light in color. If you experience any further problems, please contact your family doctor.
8. The radiologist (x-ray doctor) will "read" the scan and give the results to your doctor. Your doctor will share the results of this test with you. Feel free to ask the doctor if you have any questions.
9. If you have any questions concerning your preparation, please call 394-3335, ext. 3550 for assistance.