



# Road to Fitness CHALLENGE 2023



**PART OF THE:**



## RACE LIST:

Month	Race Name & Location	Points
January	Lockkeeper's Hike – 22 S. Water Street New Bremen, OH 45869	10 pts.
February	Valentine's Hike – 106 E Spring Street St. Marys, OH 45885	10 pts.
March	Spring Forward Hike – 16586 CR 66A St. Marys, OH 45885	10 pts.
April	April Showers Hike – 16586 CR 66A St. Marys, OH 45885	10 pts.
May	Landen's Run (SIDS) 5K – 120 E High Street St. Marys, OH 45885	10 pts.
June	Ranger Night 5K - New Knoxville Community Park	10 pts.
July	Women's Wellness Walk – North Shore Park Celina, OH 45822	10 pts.
July	Run to the Moon 5K - 500 Apollo Drive Wapakoneta, OH 45895	10 pts.
July	Grand Lake ½ Marathon/5K - St. Marys/Celina	40 pts./10pts.
August	Bremenfest 5K – 2 West Plum Street New Bremen, OH 45869	10 pts.
September	Mock Turtle Run 5K – 11319 Van Buren St Wapakoneta, OH 45895	10 pts.
October	Oktoberfest 10K – 100 East 7 <sup>th</sup> Street Minster, OH 45865	20 pts.
October	St. Marys Tailgate for Cancer 5K – St. Marys Eagles Parking Lot	10 pts.
October	Walk with Nature – St. Marys Memorial Park St. Marys, OH 45885	10 pts.
December	Santa Shuffle 5K – 901 E Monroe Street New Bremen, OH 45869	10 pts.
Total Points		190 pts.

## POINT SYSTEM:

Total Points	Prize(s)
50 pts.	Water bottle
80 pts.	T-Shirt & entered into raffle to win prizes
120 pts.	Pullover & entered into raffle to win prizes

## QUESTIONS?

Please call Stefanie Westgerdes at 419-394-6132 or email [slowry@jtdmh.org](mailto:slowry@jtdmh.org)