



GRAND LAKE™
HEALTH SYSTEM

Landen's 5K— For SIDS Awareness

Date: Saturday —May 6, 2017

Time: Run/Walk at 9:00 am
(Registration 8:00 am at the first shelter house)

Location: East Bank Road , St. Marys, Ohio



A Grand Lake Health System "Road to Fitness" Event!

Pre-Registration Form

Name _____ **Age day of event** _____

Address _____ **Male or Female** (Circle)

City, State, ZIP _____ **Phone** _____

Email _____

Amount \$ _____ **Runner \$25, Walker \$20** (*Runners will be chip timed*)

T-shirt size _____ T-shirt provided with pre-registration due by April 21 (Adult sizes: S - 4XL)

Make check payable and mail with the pre-registration form to:

JTD Hospital Foundation
200 St. Clair Street
St. Marys, Ohio 45885
Phone:419-394-3387 ext. 3567

Or pay with **Visa** **MasterCard** **Amex** **Discover**

Card # _____ **Exp. Date** _____ / _____ **Code** _____

I hereby release and discharge the Grand Lake Health System, JTD Hospital Foundation, The Lima Run and Jog Club, Event Sponsors and their representatives or agents, from any liability for injuries or illness which may be directly or indirectly result from the participation in this event. I attest that I am physically fit and have sufficiently trained for this race.

Signature _____ **Date** _____