

PHYSICAL THERAPY SERVICES

The Rehabilitation Department at JTDMH has a simple goal: To promote injury prevention and rapid recovery by restoring our patients to their fullest possible function in the least amount of time.

Whether you are recovering from an illness or injury, would like to learn more about safety, or are concerned about a family member's ability to function, we are here for you!



OUR MISSION

is to always provide

— now and in the future —
high-quality, low-cost, sensitive healthcare
that is properly housed, equipped and staffed
to meet the primary, acute and rehabilitative health
service needs of the Grand Lake Region.

For more information contact:



AN AFFILIATE OF GRAND LAKE HEALTH SYSTEM

200 St. Clair Street
St. Marys, Ohio 45885-2400
Phone: 419-394-3335 ext. 3508 • Toll Free: 877-564-6897
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PHYSICAL THERAPY







COMPREHENSIVE
REHABILITATION SERVICES



MOVING YOU TO BETTER HEALTH



PHYSICAL THERAPY

Physical Therapy is dedicated to evaluating and treating patients with musculoskeletal, neurological, and developmental problems.

Once referred to physical therapy, each patient is evaluated by a licensed physical therapist and an individualized treatment plan is developed. The continuation of this plan is closely monitored by the evaluating physical therapist along with a physical therapist assistant with changes made as needed to enhance comfort and progress.

Our therapists utilize a wide variety of modalities and activities to assist in returning each patient to their optimal function. Throughout the treatments, patients are educated on their injuries or disabilities and Home Exercise Programs are developed to accelerate the healing process and return to independence.



PHYSICAL THERAPY OFFERS A WIDE VARIETY OF SERVICES INCLUDING:

- Industrial Rehabilitation
 - Post Injury Intervention
 - Functional Capacity Evaluation
 - Injury Prevention
 - Work Assessment
 - Back Evaluations
 - Work Reconditioning
 - On-site Staff Education
- Aquatic Therapy
- Orthopedic Injury Rehabilitation
- Acute Injury Rehabilitation
- Pediatric Therapy
- Neurological Rehabilitation
- Geriatric Rehabilitation
- Wound Care
- Home Health
- Sports Medicine
- Orthotic Evaluation and Casting
- Vestibular Rehabilitation

comprehensive
Rehabilitation Program
consisting of Occupational,
Physical and Speech
Therapy - dedicated to
meeting the needs of
each patient.



HOURS OF SERVICE PHYSICAL THERAPY CLINIC HOURS

Monday through Friday 7:30 am to 6:30 pm

During these hours patient evaluations and treatments are performed. Patients may call or walk in to schedule appointments during these hours as well.

Full evaluation of a musculoskeletal or neurological injury or problem will last about 1 hour with follow-up treatments scheduled for 30 minutes to 1 hour depending on each patient's needs.

Call 419-394-3387 extension 3508 for an appointment.

Access to physical therapy services is through the Dialysis and Rehabilitation entrance on the east side of the hospital (200 St. Clair Street). Travel through the double doors and turn left to enter the Rehabilitation Department for physical therapy services.