Name \_\_\_\_\_

You are scheduled for a mammogram examination at Joint Township District Memorial Hospital Radiology Department on:

Date \_\_\_\_\_

Time \_\_\_\_\_

- Please report to the outpatient receptionist's desk 15 minutes prior to your scheduled appointment time to complete paperwork.
- If you are unable to keep your scheduled appointment, please contact our scheduling department at extension 3550 as soon as possible.

## Thank you.



Serving our community since 1953



### **Our Mission**

is to always provide — now and in the future high-quality, low-cost, sensitive healthcare that is properly housed, equipped and staffed to meet the primary, acute and rehabilitative health service needs of Auglaize County and our surrounding communities.



For more information contact:



Joint Township District Memorial Hospital 200 St. Clair Street St. Marys, Ohio 45885-2494 Phone: 419-394-3335 ext. 3550 • Toll Free: 877-564-6897 www.jtdmh.org

# Mammogram





## Mammogram

A mammogram is a diagnostic x-ray of the breast.

### The Procedure

Utmost care is taken to provide complete privacy. Once you are in the room, you will be asked to remove your clothing above the waist and put on a mammography gown. You will be positioned by the technologist who will have you sit or stand depending on the view to be taken.

Your breast will be positioned and compressed between two plastic shields. This flattens the breast so all tissue can be seen. Compression is necessary to obtain the best possible image of your breast. Compression can be somewhat uncomfortable but should not be painful. The procedure will take about 45 minutes.

### **Preparation Instructions**

- Do not apply anything to your underarm or breast area. (Example: deodorant, powder, body cream, etc.) These may blur the x-ray.
- 2. You may choose to wear a two-piece outfit, such as a blouse and skirt or pants since you will have to undress above the waist.

#### **For Your Information**

- 1. Any woman who is pregnant, or thinks she might be, should let her doctor know before the mammogram.
- 2. Do not bring jewelry or large amounts of money with you.
- 3. You will be asked to change into a hospital gown.
- 4. Relax and follow the directions given to you by the radiology staff.
- 5. In some cases, there is the possibility of detecting breast cancer before a lump can be felt.
- You will be able to leave the X-ray Department when the test is finished. Discharge instructions will be given to outpatients.
- 7. The radiologist (x-ray doctor) will "read" the mammogram and send the results to your doctor. Your doctor will share the results of this test with you; feel free to ask the doctor if you have any questions.
- 8. If you have any questions concerning your preparation, please call 394-3335, ext. 3550 for assistance.

