

Partnering For a
Healthier and
More Productive
Workplace



Grand Lake Occupational Medicine offers customized programs to help you integrate health and safety in your workplace. With a program in place that is aligned with your needs, you can meet regulatory compliance requirements, lower health insurance costs, be prepared to treat injuries and illnesses, and provide positive wellness benefits for your employees.

Extensive Experience in Occupational Medicine



Dr. Juan V. Torres,
MD MPH

WELLNESS & PREVENTION SERVICES

- Immunizations
- Health Screenings
- Health Coaching
- Body Fat Composition
- Bone Density Screening
- Blood-Borne Pathogen Training
- First Aid and CPR/AED Training
- Fit Testing
 (Quantitative & Qualitative)
- Hearing Conservation Programs
- Physicals (DOT and non-DOT)
- Worksite Wellness Programs
- Health Fairs with Lab Work
- Tobacco Cessation
- Health Risk Assessments
- Educational Sessions

Comprehensive Occupational Health Services

At Our Locations

- Drug Screens and Breath Alcohol Testing
- Physicals
- DOT Physicals
 All providers are Certified Medical Examiners
- Immigration Physicals
 Dr. Torres is designated by Homeland Security to provide exams
- Pilot Physicals
 Dr. Torres is an Authorized Aviation
 Medical Examiner
- Pre-employment Physicals
- Return to Work / Fit for Duty Physicals
- Executive Physicals
- Back Evaluations
- Injury and Work-Related Illness Care
- Audiograms
- Pulmonary Function Tests
- Vaccines and Immunizations
- Respiratory Clearance Exams and Fit Tests
- Medical Surveillance
- EKGs and Stress Tests

On-Site Services

- Worksite Wellness Programs
- Hearing Conservation Programs
- Blood-Borne Pathogen Training
- First Aid and CPR/AED Training
- Physicals
 - DOT Physicals
 - Pre-employment Physicals
 - Return to Work / Fit for Duty Physicals
 - Executive Physicals
- On-site Instant Drug Testing
- Safety Consulting and Training
- On-site Drug Screen Collections
- Rehabilitative and Physical Medicine
 - Job Analysis
 - Ergonomic Assessment
 - Physical Capacity Testing
 - Educational and Training Programs
 - On-site Physical Therapy



Convenient Locations For All Your Occupational Health Needs

Services Offered: Drug Screen | Physical | BAT | Laboratory | Post-Accident

Occupational Health Clinic 200 St. Clair St. | St. Marys, Ohio

(419) 394-3387, Ext. 3550 M-F 8 am - 4 pm*



Miami Erie Family Practice

4463 St. Rte. 66 | Minster, Ohio (419) 628-3821 M-Th 7 am - 4:30 pm* Fri 7 am - 2:30 pm*



Wapakoneta Medical Center

812 Redskin Trail | Wapakoneta, Ohio (419) 738-4445 Mon, Tues, Thurs. 8:30 am - 3 pm Fri 8:30 am - 11 am

Grand Lake Health System Urgent Care

200 St. Clair St. | St. Marys, Ohio (419) 394-3387, Ext. 3539 M-F 4 pm - 9 pm

Sat-Sun 10 am - 5 pm



Grand Lake Health System Emergency Department

200 St. Clair St. | St. Marys, Ohio (419) 394-3387, Ext. 3539

Hours/7 Days a Week

* Appointment Preferred

Grand Lake Family Practice

801 Pro Drive | Celina, Ohio (X-RAY - LAB Entrance) (419) 584-1972 M-Th 7 am - 4:30 pm* Fri 6 am - 12 pm*

