

# Enjoy the Foods You Love to Eat without the Burn.

### Gain Relief with Specialized Care at the Grand Lake Heartburn Center

- State-of-the-Art Diagnostic Testing
- The Latest in Medical Therapies
- Comprehensive Care Program
- Compassionate Physicians
- Patient Education Every Step of the Way

### Certified Providers with Expertise in Heartburn

Dr. K. Lance Bryant | Dr. James Reichert

#### **Jill Faulkner, LPN** Grand Lake Heartburn Center Coordinator

Grand Lake Heartburn Center 200 St. Clair Ave. St. Marys, Ohio 45885 (419) 300-1135

HEARTBURN CENTER GRAND LAKE HEALTH SYSTEM

# **STOP** THE AGONY

of Heartburn, Acid Reflux and Gastroesophageal Reflux Disease (GERD)

## Is it Heartburn or GERD?

Heartburn is a common symptom of GERD. GERD, which stands for Gastroesophageal Reflux Disease, is caused by stomach acid backing up into the esophagus due to a malfunctioning valve. Along with chronic heartburn, GERD may cause regurgitation, chest pain, difficulty swallowing, and other symptoms.

### Symptoms of GERD May Include:

- Chronic heartburn
- Avoiding foods you love
- Sleeping difficulties
- Regurgitation
- Nausea
- Bloating

- Belching
- Swallowing difficulties
- Sore throat
- Bad breath
- Hoarseness

#### HEARTBURN CENTER GRAND LAKE HEALTH SYSTEM

Doctor and Self Referrals Accepted! Conveniently Located in the Grand Lake Area

## Schedule a Consultation

Call the Center (419) 300-1135

8 a.m.- 4 p.m., Mondays-Fridays