impaired testosterone production. Low testosterone levels may cause infertility, osteoporosis, decreased sex drive, diminished muscular strength, fatigue, anemia, lethargy and loss of motivation. A high testosterone level may indicate testicular tumors or use of anabolic steroids.

The intent of the Direct Access Testing program at JTDMH is to provide wellness tests similar to those found at health fairs, but with the convenience of being available every day at Joint Township District Memorial Hospital. These tests are offered at a considerable discount, but must be paid for prior to the blood draw (cash, check, or credit card). You may print a copy of the order form at www.grandlakehealth.org website or pick up a form at the Outpatient Registration desk at the hospital. The results of these tests will be reported back to only you. It is your responsibility to follow up with your physician.

As the health service leader for Auglaize County and its surrounding communities, Joint Township District Memorial Hospital is pleased to provide Direct Access Testing. This service allows JTDMH patients to order from a full menu of general health screening tests without a doctor’s order.

These wellness tests, similar to those administered at health fairs, are offered as a public service to area residents and reflect JTDMH’s continuing commitment to the health and wellbeing of our communities.

Additional information on specific tests offered through Direct Access Testing can be found at www.labtestsonline.org.

For more details on the JTDMH Direct Access Testing program, contact Carla Pond, Laboratory Manager, at 419-394-3387 extension 3513, or cpond@jtdmh.org.

For more information contact:

Patent-Ordered Laboratory Tests

Direct Access Testing

Our Mission
To optimize the health status of those we serve by providing the highest quality, value and service while remaining financially strong.
The JTDMH laboratory has a menu of specific tests that patients may order for themselves (Direct Access Testing), without a doctor's order:

**Comprehensive Health Panel** — Includes the following 14 general chemistry tests: Glucose, Sodium, Potassium, Chloride, Carbon Dioxide, Urea Nitrogen, Creatinine, Calcium, Albumin, Total Protein, AST, ALT, Alkaline Phosphatase, and Total Bilirubin. These tests assess liver and kidney function, electrolyte balance and blood sugar level. Recommend 8 hours of fasting.

**Basic Health Panel** — Includes 8 general chemistry tests: Glucose, Sodium, Potassium, Chloride, Carbon Dioxide, Urea Nitrogen, Creatinine and Calcium. These tests assess kidney function, electrolyte balance and blood sugar level. Recommend 8 hours of fasting.

**Liver Function Panel** — Includes 7 general chemistry tests: Albumin, Total Protein, AST, ALT, Alkaline Phosphatase, Direct and Total Bilirubin.

**Kidney Function Panel** — Includes 10 general chemistry tests: Glucose, Sodium, Potassium, Chloride, Carbon Dioxide, Urea Nitrogen, Creatinine, Albumin, Phosphorus and Calcium. Recommend 8 hours of fasting.

**Iron Profile** — Includes Total Serum Iron, Unsaturated Iron Binding Capacity (UIBC), Total Iron Binding Capacity and Percent Iron Saturation. These tests measure the level of iron in the liquid part of your blood.

**Thyroid Function Panel** — Includes Ultra-sensitive Thyroid-Stimulating Hormone (TSH) and Free Thyroxine (Free T4).

**Diabetes Assessment** — The Glucose test measures the amount of blood sugar at the time of collection and the Hemoglobin A1c measures the average amount of glucose in your blood during the last few months. Recommend 8 hours of fasting.

**Lipid Profile** — Includes Total Cholesterol, Triglycerides, HDL, LDL, VLDL and Cardiac Risk calculation. These tests have been shown to be good indicators of whether someone is likely to have a heart attack or stroke caused by blockage of blood vessels (hardening of the arteries). Recommend 12 hours of fasting.

**Total Cholesterol** — No fasting is required.

**High-Sensitive C-Reactive Protein** — HS-CRP is most often used to help predict a healthy person's risk of cardiovascular disease.

**Direct Access Testing** program provides wellness tests that are similar to those found at health fairs, but with the convenience of being available every day at Joint Township Hospital.

**Prostate-Specific Antigen (PSA)** — Men whose levels are increased may have infection, prostate enlargement or cancer.


**Potassium** — Very important to heart function, it is a part of all complete routine evaluations, especially in those who take diuretics or heart medications, and in the investigation of high blood pressure and kidney disease. It is also used to monitor the patient receiving dialysis, diuretic therapy, or intravenous therapy.

**Pregnancy Test** — Accurate in detecting very early pregnancy.

**Testosterone** — One in four men older than 75 years of age have low testosterone and may benefit from testosterone supplementation. A low testosterone level may indicate adrenal or pituitary disease, damage to the testes, testicular failure, liver disease, treatment for prostatic cancer or

(Continued on back)