

DIABETES SUPPORT GROUP 2019 SCHEDULE

March:	11 th at 7:00 pm 12 th at 10:00 am
April:	8 th at 7:00 pm 9 th at 10:00 am
May:	13 th at 7:00 pm 14 th at 10:00 am
June:	10 th at 7:00 pm 11 th at 10:00 am
August:	12 th at 7:00 pm 13 th at 10:00 am
September:	9 th at 7:00 pm 10 th at 10:00 am
October:	14 th at 7:00 pm 15 th at 10:00 am
November:	11 th at 7:00 pm 12 th at 10:00 am

- Meetings are held in the Conference Rooms on the 1st floor at JTDMH
- Meetings are free and open to anyone interested in attending (no need to pre-register)
- A different topic is covered each month (announced through mailings and local newspapers)
- Contact the Diabetes Education Coordinator to verify dates, times, location, and topic.



OUR MISSION

To optimize the health status of those we service by providing the highest quality, value, and service while remaining financially strong.



JOINT TOWNSHIP DISTRICT
MEMORIAL HOSPITAL™
AN AFFILIATE OF GRAND LAKE HEALTH SYSTEM

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2019

DIABETES SUPPORT GROUP

**Supporting
individuals living with
diabetes and their
families**



JOINT TOWNSHIP DISTRICT MEMORIAL HOSPITAL DIABETES SUPPORT GROUP

FACILITATOR

Krissy Mullenhour RN, BSN, CDE
Diabetes Education Coordinator

Contact Information

Telephone: 419-394-3387 or
877-564-6897
Extension 2147

Fax number: 419-394-9583

E-mail: kmullenhou@jtdmh.org

- If interested in attending the Diabetes Support Group, you are encouraged to contact Krissy Mullenhour to have your name added to the mailing list, so you can receive specific information regarding the diabetes support group topic each month.

MISSION

To provide support to individuals living with diabetes and their families through education and friendship that empowers individuals to take control of their diabetes and enjoy a high quality of life.



GOALS

- To provide relevant education to help individuals manage their diabetes effectively
- To delay or prevent the complications associated with uncontrolled diabetes
- To provide a supportive environment where people with diabetes feel welcome and receive support from others
- To provide individuals an opportunity to share their experiences and coping strategies with others who have diabetes
- To increase public awareness about Diabetes