

## **Childbirth Education Class Schedule 2018**



## Childbirth Education (Lamaze) – Wednesday Evenings (2 Weeks) from 6 p.m. - 8:30 p.m.

February 21	& 28
May 2 & 9	
July 11&18	

September 19 & 26 November 7 & 14

## Childbirth Education (Lamaze) – Saturday Class from 8:30 a.m. - 3:15 p.m.

January 13	August 25
April 7	October 13
June 9	December 15

## Breastfeeding Class – Tuesday Evenings from 7 p.m. - 9 p.m.

January 16	July 24
March 20	September 25
May 22	November 27

Call Birthing Center at 419-394-3335 Ext 2419 to Sign Up for the Classes Sign up Early; Classes are based on demand. You can also email at <u>OBeducation@jtdmh.org</u>. Please include your name, Due Date and what class you are signing up for.