



200 St. Clair Street
St. Marys, Ohio 45885
Phone 419-394-3335
Toll Free 1-877-564-6897
GrandLakeHealth.org

Joint Township District
Memorial Hospital

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Grand Lake
Family Practice & Pediatrics
at the Celina Medical Center

—

Wapakoneta Primary Care
at the Wapakoneta Medical Center

—

Grand Lake Home Health

—

Grand Lake Hospice

—

Grand Lake OB/GYN

—

Grand Lake Occupational Medicine

—

Grand Lake Primary Care
at St. Marys

—

Grand Lake Sleep Center

—

Miami & Erie
Family Practice & Pediatrics

—

Urgent Care at JTDMMH

—

James Reichert, D.O.

—

New Day
Pain Management Center

—

Grand Lake Neurological Center

—

Vanan ENT & Sinus Center

INFORMATION CONTACT

Carrie Widman
Marketing

Joint Township District Memorial Hospital
200 St. Clair Street
St. Marys, Ohio 45885 2400
Phone: 419-394-3387 ext. 3568
Fax: 419-394-8485
Email: cwidman@jtdmh.org
Website: GrandLakeHealth.org

PRESS RELEASE

FOR IMMEDIATE RELEASE

March 3, 2016

Grand Lake Health System to offer Low Dose CT Lung Cancer Screening

According to the Centers for Disease Control and Prevention, Lung Cancer is the leading cause of cancer death and the second most common cancer among both men and women in the United States. A recent National Lung Screening Trial recently confirmed that screening individuals at high risk for lung cancer with annual low-dose CT of the chest saves lives.

Lung cancer is typically diagnosed at more advanced stages. That's why early screening is so important. Screening for cancer means testing for the disease, *before* there are any symptoms. Grand Lake Health System is offering a new CT lung screening test to detect early-stage lung cancer. The test, a low-dose CT scan of the chest, is one of the most effective ways to detect early-stage lung cancer for high-risk patients.

To be eligible for the Low Dose CT Lung Cancer Screening you must meet all of the following criteria:

- Be between the ages of 55 – 77 years old
- Currently smoke or have smoked within the last 15 years
- Have a smoking history of at least 30 pack years. (have smoked one pack/day for 30 years)
- Have no current signs or symptoms of lung cancer
- Have not had a CT scan of the chest in the previous 12 months
- Have had an office visit with your healthcare provider to discuss LDCT Lung Screening
- Have an order for the LDCT Lung Screening test from your healthcare provider

If you meet the criteria above, we encourage you to schedule a visit with your healthcare provider to discuss having a LDCT Lung Cancer Screening test. Once you meet the criteria, you are eligible to have annual screenings. Much like mammography, it is recommended that you have annual Lung Cancer Screening exams. The test is painless and takes less than 20 minutes to complete.

Because LDCT Lung Cancer Screening exams are a preventative service, Medicare, Medicaid and most insurance companies will cover the cost of the screening test and deductible and co-pay are waived. If you have questions regarding coverage, it is advised to check with your insurance plan.

The best way to help prevent lung cancer is to never smoke or to stop smoking. Studies have shown that tobacco use leads to lung cancer. Tobacco smoking is by far the leading cause of lung cancer. At least 80% of lung cancer deaths are caused by smoking, and many others are caused by exposure to secondhand smoke. There are many resources to help you quit smoking or to maintain smoke free. Some of those include the following:

- JTDMMH Tobacco Treatment Specialist ~ 419-394-3387 Ext. 1422
- American Cancer Society has many resources that can be found at: <http://www.cancer.org/healthy/stayawayfromtobacco/index>
- Ohio Department of Health 1-800-Quit Now or 1-800 -784-8669