



# DRIVE4COPD

This survey asks questions about you, your breathing and what you are able to do. To complete the survey, mark an X in the box that best describes your answer for each question below.

## 1. During the past 4 weeks, how much of the time did you feel short of breath?

None of the time

0

A little of the time

0

Some of the time

1

Most of the time

2

All of the time

2

## 2. Do you ever cough up any "stuff," such as mucus or phlegm?

No, never

0

Only with occasional colds or chest infections

0

Yes, a few days a month

1

Yes, most days a week

1

Yes, every day

2

## 3. Please select the answer that best describes you in the past 12 months. I do less than I used to because of my breathing problems.

Strongly disagree

0

Disagree

0

Unsure

0

Agree

1

Strongly agree

2

## 4. Have you smoked at least 100 cigarettes in your ENTIRE LIFE?

No

0

Yes

2

Don't know

0

## 5. How old are you?

Age 35 to 49

0

Age 50 to 59

1

Age 60 to 69

2

Age 70+

2

**How to Score Your Screener:** In the spaces below, write the number that is next to your answer for each of the questions. Add the number to get the total score. The total score can range from 0 to 10.

     +      +      +      +      =       
(#1)    (#2)    (#3)    (#4)    (#5)    TOTAL SCORE

**If your total score is 5 or more,** this means your breathing problems may be caused by chronic obstructive pulmonary disease (COPD). The higher your score, the more likely you are to have COPD. COPD is often referred to as chronic bronchitis and/or emphysema and is a serious lung disease that slowly gets worse over time. While COPD cannot be cured, it is treatable, so please share your answers to the five question screener with your healthcare professional (HCP).

**If your total score is between 0 and 4,** and you are experiencing problems with your breathing, please share your answers to the five-question screener with your HCP.

Only your HCP can decide if you have COPD. Your HCP can help evaluate your breathing problems by performing a breathing test, also known as spirometry. Don't wait. Call your HCP today to make an appointment to see if you may be at risk for COPD. Remember, when speaking to your HCP, be honest and open in describing your symptoms and explain how your breathing problems affect your activity level on a daily basis.