### **ABOUT PEDIATRIC REHAB**

Our pediatric evaluations and treatments are performed by licensed Physical, Occupational, and Speech Therapists who all have specific training in the area of pediatrics. We will work with your schedule to make the therapy visits as effective and convenient as possible.

Full evaluations of a musculoskeletal injury, neurological injury, developmental delay, or speech/language problem will last about 1 hour. Follow-up treatments are scheduled for 30 minutes to 1 hour, depending on the child's need.



Access to Pediatric Rehab Services is through the outpatient registration entrance on the east side of the hospital. Stop at the outpatient registration desk and Rehab Services will be contacted upon your arrival.

Call 419-394-9514 for an appointment.



# **OUR MISSION**

To optimize the health status of those we serve by providing the highest quality, value and service while remaining financially strong.

For more information contact:



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#### PEDIATRIC REHAB SERVICES







PHYSICAL THERAPY

OCCUPATIONAL THERAPY

SPEECH THERAPY



#### PEDIATRIC REHABILITATION SERVICES AT JTDMH







#### PHYSICAL THERAPY

Physical therapy is dedicated to helping each child reach his/her maximum potential with gross motor skills (big muscle movements). Through our evaluation, observation and treatment, we learn which muscles need stretching and strengthening so each child can be assisted to move more independently. As our treatment, we use play in different positions to help the child move successfully through his/her developmental milestones. This therapy is enhanced through a home exercise program, given and instructed to any parents or guardians who may be caring for the child. In this way, parents and Physical Therapists work together to play a part in the development and independence of each child.

### Types of Treatment Include —

- Strengthening
- Stretching
- Motor planning
- Balance training
- Orthotics/bracing
- Positioning ideas
- Adapting toys for play
- Specialized seating needs

#### OCCUPATIONAL THERAPY

Occupational therapy in the pediatric setting is dedicated to assisting children of all ages with their "job" of reaching important developmental milestones. This is done by working with each child to participate in age appropriate activities of daily living, learning in an educational environment, and interacting with their peers — just to name a few. Occupational therapy uses play and meaningful activities to achieve these goals and help children reach their

## Types of Treatment Include -

- Handwriting
- Attention to tasks

maximum potential.

- Sensory processing
- Developmental milestones
- Social skills
- Environmental modifications
- Parent/caregiver education

#### SPEECH THERAPY

Speech therapy is dedicated to developing a child's ability to interact with others. Our Speech-Language Pathologists specialize in improving the communication abilities of our pediatric patients for a more fulfilling life. We tailor our treatment to each child's needs, while encompassing a variety of evidence-based techniques and approaches. Our pediatric services reflect a comprehensive team approach that incorporates parental interaction to reach the child's maximum potential.

## Types of Treatment Include —

- Social communication
- Fluency training
- Articulation
- Augmentative communication
- Swallowing, feeding, oral motor strengthening
- Receptive/expressive language training
- Voice enhancement
- Cognitive development

