

# Women's Walk for Wellness

Saturday, July 23, 2022  
8:05 a.m.

CO-SPONSORED BY

**MITCHELL NUTT, MD, OB/GYN**



**A FLAT 3.1 MILE COURSE** which starts and finishes at the [Lion's Club Shelter House on Ash Street \(near Gazebo\)](#), at North Shore Park, Celina, Ohio. The walk will be along the Rotary Walkway taking the ramp (at the docks) to West Bank Road to the ½ way turn around, then coming back on the same route to complete the 5K.

With PRE-registration, **A FREE T-SHIRT** will be included in packet! Packets will be available the day of race. There will also be same day registration beginning at 7:00 a.m. A continental breakfast (in the shelter house) will be provided for all participants immediately following the walk.



## ENTRY FORM

## Women's Walk for Wellness 2022

Saturday, July 23, 2022

NAME \_\_\_\_\_ AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_

PHONE \_\_\_\_\_ AMOUNT \$ \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

I hereby release and discharge Joint Township District Memorial Hospital, ODOT, Lake Festival Committee, Sheriff's Department, Celina Police Department, and their representatives and agents from any and all injuries/illness which may directly or indirectly result from this walk.

SIGNATURE \_\_\_\_\_ LEGAL GUARDIAN'S SIGNATURE \_\_\_\_\_

(If participant is a dependent.)

Company/Organization: \_\_\_\_\_

### Pre-Registration \$10.00

- FREE T-Shirt with early registration
- Deadline date for pre-registration with T-shirt **July 1.**

### Same Day Registration \$10.00 (no T-shirt )

Make checks payable and mail to:

**Joint Township District Memorial Hospital**

Attn: Community Outreach

200 St. Clair Street | St. Marys, Ohio 45885

Phone: 419-394-6132