

Name _____

You are scheduled for the Barium Enema examination at Joint Township District Memorial Hospital Radiology Department on:

Date _____

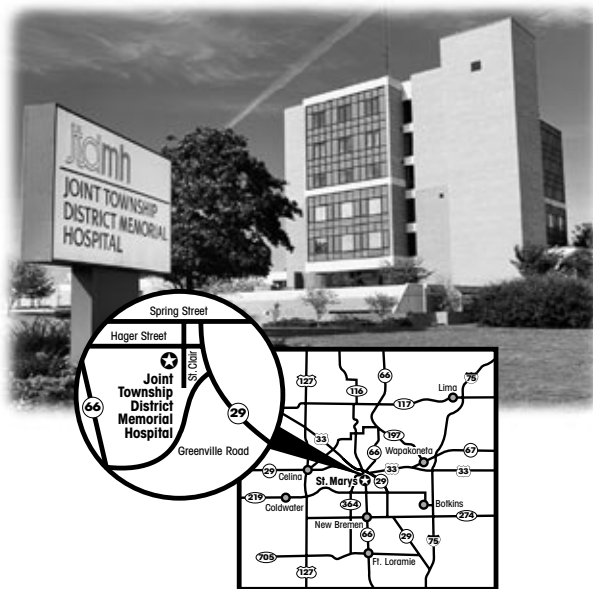
Time _____

- Please report to the outpatient receptionist's desk 15 minutes prior to your scheduled appointment time to complete paper work.
- If you are unable to keep your scheduled appointment, please contact our scheduling department at extension 3550 as soon as possible.

Thank you,

jtdmh

*Serving our community
since 1953*



Our Mission

*is to always provide
— now and in the future —*

*high-quality, low-cost, sensitive healthcare
that is properly housed, equipped and staffed
to meet the primary, acute and rehabilitative
health service needs of Auglaize County
and our surrounding communities.*

 *Quality care... close to home*

For more information contact:

jtdmh

Joint Township District Memorial Hospital

200 St. Clair Street

St. Marys, Ohio 45885-2494

Phone: 419-394-3335 ext. 3550 • Toll Free: 877-564-6897

www.jtdmh.org

Barium Enema

(1 Day Prep)

jtdmh

Joint Township District
Memorial Hospital

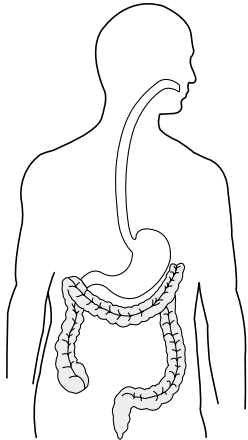


Barium Enema (1 day prep)

A Barium Enema is a diagnostic x-ray of the colon (large bowel).

The Procedure

An x-ray camera called a fluoroscope will be positioned over you. As you lie on your side, an enema of barium will be given. As the barium fills the colon, you will feel like you need to move your bowels. Please tell the radiologist if you are having difficulty retaining the barium. You will be asked to lie in various positions while the radiologist views the colon on the x-ray fluoroscope and x-ray films are taken. It will be necessary to hold your breath and remain still while the x-rays are being taken. After the x-rays, you may go to the bathroom and expel the barium. An x-ray will then be taken of your empty colon. The procedure will take about one hour.



Preparation Instructions

Clean bowels are needed when an x-ray of the colon is taken because waste material will ruin the test and increase the possibility of misinterpreting the film. When waste material blocks an x-ray of the large intestine, the entire test will have to be repeated.

1. The day before the x-ray, you must take two (2) ounces of Castor Oil at 2:00 P.M. or as soon as you are able to take it in the afternoon.
 2. You may have a liquid supper (no milk products) the evening before the x-rays.
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- Examples of a liquid supper are chicken or beef broth, Jell-O, or clear soups.
3. Do not eat or drink anything after midnight. Do not smoke or chew gum.
 4. The evening before the x-rays, take a Fleets enema until clear. (This may mean several enemas.)
 5. You must take Fleets enemas until clear the morning of your x-ray test. (Enemas are best given lying on the back. You must lie on the right side for a short time before expelling the liquid.)
 6. Do not eat or drink anything the morning of the x-ray until the x-rays are completed.

For Your Information

1. Any woman who is pregnant, or thinks she might be, should let her doctor know before having the x-ray.
2. Please inform the technologist of any known allergies.
3. Do not bring jewelry or large amounts of money with you.

4. You will be asked to change into a hospital gown.
5. Relax and follow the specific instructions given to you by the Radiology staff.
6. You will be able to leave the Radiology Department when the test is finished. Discharge instructions will be given to outpatients.
7. After the x-rays are completed, please use the laxative given to you and consume a large amount of fluids for the next 24 hours. The sooner the laxative is taken after the x-ray, the better the results. Your stool may be light in color. If the laxative does not give results within the first 24 hours after ingestion, a Fleets enema may be purchased at any drug store. If any further problems are experienced, please contact your family doctor.
8. If air contrast x-ray is done, you may experience abdominal bloating or cramping. This is a normal occurrence.
9. The radiologist (x-ray doctor) will "read" the x-ray and give the results to your doctor. Your doctor will share the results of this test with you. Feel free to ask the doctor any questions.
10. If you have any questions about your preparation, please call 394-3335, ext. 3550 for assistance.