

Name \_\_\_\_\_

You are scheduled for an Abdominal  
Ultrasound at Joint Township Hospital  
Radiology Department on

Date \_\_\_\_\_

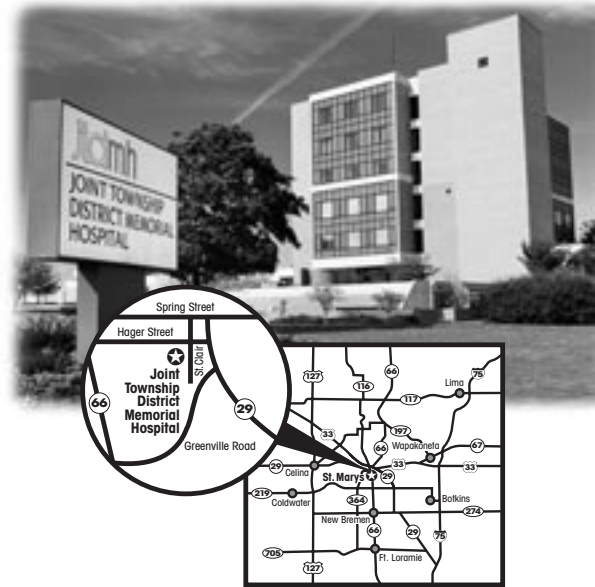
Time \_\_\_\_\_

- Please report to the outpatient receptionist's desk 15 minutes prior to your scheduled appointment time to complete paper work.
- If you are unable to keep your scheduled appointment, please contact our Scheduling Department at extension 3550 as soon as possible.

Thank you,



*Serving our community  
since 1953*



## Our Mission

*is to always provide*

*— now and in the future —*

***high-quality, low-cost, sensitive healthcare  
that is properly housed, equipped and staffed  
to meet the primary, acute and rehabilitative  
health service needs of Auglaize County  
and our surrounding communities.***



For more information contact:



**Joint Township District Memorial Hospital**

200 St. Clair Street

St. Marys, Ohio 45885-2494

Phone: 419-394-3335 ext. 3550 • Toll Free: 877-564-6897

[www.jtdmh.org](http://www.jtdmh.org)

# Abdominal Ultrasound



**Joint Township District  
Memorial Hospital**



# Abdominal Ultrasound

An Abdominal Ultrasound is a test using sound waves to check the abdomen.

## The Procedure

Gel will be applied to your stomach area by the technologist. A small instrument will be moved across your skin. Silent sound waves pass through the body's organs, and echoes are shown as pictures on the screen and on film. Tissue, blood, bone and fluid all produce different echoes. The entire test will take about 30 minutes to one hour.

## Preparation Instructions

1. Your supper the night before the test must be fat free. This may include any of the following: canned fruit, cooked vegetables without butter, "skinned" chicken, baked fish, Jell-O, coffee, tea, Kool-Aid, or water. Do not drink carbonated



beverages (pop) or beer. Do not eat or drink any dairy products.

2. You may have sips of clear liquids (black coffee, tea, Kool-Aid, water) until midnight.
3. Do not eat or drink after midnight.
4. Avoid gum chewing, smoking, or excessive talking. This will help prevent extra gas from forming.
5. If on medications, you may take them with a small amount of water.

## For Your Information

1. Do not bring jewelry and large amounts of money with you.
2. You will be asked to change into a hospital gown.
3. Relax and follow the directions given to you by the x-ray staff.
4. You will be able to leave the x-ray Department when the test is finished. Discharge instructions will be given to outpatients.

5. The radiologist (x-ray doctor) will "read" the scan and give the results to your doctor. Your doctor will talk to you about the results of this test. Feel free to ask the doctor any questions.
6. If you have any questions about getting ready for the test, please call 394-3335 Ext. 3550 for assistance.

