



Road to Fitness CHALLENGE 2024



PART OF THE:



RACE LIST:

Month	Race Name & Location	Points
January 14	Lockkeeper's Hike – 22 S. Water Street New Bremen, OH 45869	10 pts.
February 11	Valentine's Hike – 106 E Spring Street St. Marys, OH 45885	10 pts.
March 10	Spring Forward Hike – 16586 CR 66A St. Marys, OH 45885	10 pts.
April 7	No Sun Run 5K -- 901 Wildcat Ln., Delphos OH 45833	10 pts.
April 14	April Showers Hike – 16586 CR 66A St. Marys, OH 45885	10 pts.
June 29	Fly Me To The Moon – 07776 St. Rt. 219 New Knoxville, OH 45871	10 pts.
July 20	Wapak Moonwalk and Run - 500 Apollo Drive, Wapakoneta, OH 45895	10 pts.
July 27	Women's Wellness Walk – North Shore Park Celina, OH 45822	10 pts.
August 16	Bremenfest 5K—2 West Plum Street New Bremen, OH 45869	10 pts.
August 10	SummerFest 5K—KC Geiger Park St. Marys, OH 45885	10 pts.
September 15	Delphos Canal Days 5K	10 pts.
September 14	St. Marys Tailgate for Cancer 5K – St. Marys Eagles Parking Lot	10 pts.
October 6	Oktoberfest 10K – 100 East 7 th Street Minster, OH 45865	20 pts.
October 12	SIDS Awareness 5K Run—120 E High Street, St. Marys, OH 45885	10 pts.
October 20	Walk with Nature – St. Marys Memorial Park St. Marys, OH 45885	10 pts.
November 2	Cooper Farms Turkey Trot 5K – St. Henry, OH 45833	10 pts.
Total Points		160

POINT SYSTEM:

<u>Total Points</u>	<u>Prize(s)</u>
50 pts.	Water bottle
80 pts.+	T-Shirt & entered win door prizes
120 pts.+	Pullover & entered to win door prizes

QUESTIONS?

Please call Stefanie Lowry at 419-394-6132 or email slowry@jtdmh.org