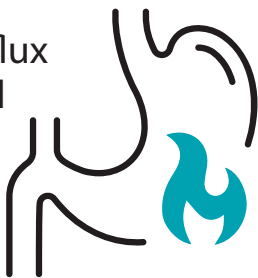


# STOP THE AGONY

of Heartburn, Acid Reflux  
and Gastroesophageal  
Reflux Disease (GERD)



## Is it Heartburn or GERD?

Heartburn is a common symptom of GERD. GERD, which stands for Gastroesophageal Reflux Disease, is caused by stomach acid backing up into the esophagus due to a malfunctioning valve. Along with chronic heartburn, GERD may cause regurgitation, chest pain, difficulty swallowing, and other symptoms.

### Symptoms of GERD May Include:

- Chronic heartburn
- Avoiding foods you love
- Sleeping difficulties
- Regurgitation
- Nausea
- Bloating
- Belching
- Swallowing difficulties
- Sore throat
- Bad breath
- Hoarseness



**HEARTBURN CENTER**  
GRAND LAKE HEALTH SYSTEM

Doctor and Self Referrals Accepted!  
Conveniently Located in the Grand Lake Area

## Schedule a Consultation

Call the Center (419) 300-1135  
8 a.m.- 4 p.m., Monday - Friday



Enjoy the Foods You Love to Eat  
**without the Burn.**



## Gain Relief with Specialized Care at the Grand Lake Heartburn Center

- State-of-the-Art Diagnostic Testing
- The Latest in Medical Therapies
- Comprehensive Care Program
- Compassionate Physicians
- Patient Education Every Step of the Way

**Certified Providers  
with Expertise in Heartburn**

Dr. K. Lance Bryant | Dr. James Reichert

**Amanda Perry, APRN-CNP**

*Grand Lake Heartburn Center  
Coordinator*

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