



200 St. Clair Street
St. Marys, Ohio 45885
Phone 419-394-3335
Toll Free 1-877-564-6897
GrandLakeHealth.org

Joint Township District
Memorial Hospital

Grand Lake
Family Practice & Pediatrics
at the Celina Medical Center

Wapakoneta Primary Care
at the Wapakoneta Medical Center

Grand Lake Home Health

Grand Lake Hospice

Grand Lake OB/GYN

Grand Lake Occupational Medicine

Grand Lake Primary Care
at St. Marys

Grand Lake Sleep Center

Miami & Erie
Family Practice & Pediatrics

Urgent Care at JTDMH

James Reichert, D.O.

New Day
Pain Management Center

Grand Lake Neurological Center

Vanant ENT & Sinus Center

INFORMATION CONTACT

Carrie Widman
Marketing

Joint Township District Memorial Hospital
200 St. Clair Street
St. Marys, Ohio 45885 2400
Phone: 419-394-3387 ext. 3568
Fax: 419-394-8485
Email: cwidman@jtdmh.org
Website: GrandLakeHealth.org

PRESS RELEASE

FOR IMMEDIATE RELEASE — OCTOBER 6, 2014

Hospital Wins State Award for Supporting Breastfeeding in the Workplace

Efforts recognized by the Ohio Department of Health

Joint Township District Memorial Hospital has been honored by the Ohio Department of Health (ODH) with the Healthy Ohio Breastfeeding Friendly Award. Joint Township Hospital's breastfeeding friendly policies include skin to skin care, free post-partum visits to mothers that deliver at JTDMH, and policies that support working mothers that are breastfeeding.

JTDMH breastfeeding initiatives give mothers the support, confidence and skills to successfully breastfeed their babies," said Deb McKee, Chief Clinical Officer. "We encourage exclusive breastfeeding for six months to reduce the risk for infections especially in the first year of life and for optimal nutrition for the baby. We are excited about the opportunity to retain and encourage valuable employees through our breastfeeding program while promoting healthy families."

According to the U.S. Department of Health and Human Services, supporting breastfeeding at the workplace can reduce absenteeism rates on the part of new mothers and increases their productivity.

Joint Township Hospital is one of only 23 employers in Ohio that are being recognized by the ODH for their implementation of breastfeeding friendly policies and practices in the worksite and/or one of 13 to receive the award for accommodation for their breastfeeding clients or customers.

For more information about organization, please visit organization's website at www.grandlakehealth.org.

About Healthy Ohio Breastfeeding Friendly Awards

Ohio is committed to promoting and protecting a mother's right to breastfeed her child for as long as she chooses, whether or not she returns to work. Doctors recommend exclusive breastfeeding for the first six months after birth for the optimal health of a mother and her child. Children who are breastfed have reduced risk of many health problems such as diabetes, asthma, childhood cancer and obesity.

The ODH and other breastfeeding advocates around the state developed the Healthy Ohio Breastfeeding Friendly Employer Award to acknowledge employers who establish and maintain comprehensive, high-quality breastfeeding support programs for their employees. For more information about the award and other ways the ODH supports healthy behavior, please visit www.healthy.ohio.gov. — ■