

# P R E S S   R E L E A S E

AUGUST 4, 2009



**GRAND LAKE™**  
HEALTH SYSTEM

- | JOINT TOWNSHIP DISTRICT  
MEMORIAL HOSPITAL
- | GRAND LAKE FAMILY PRACTICE  
AND PEDIATRICS  
AT THE  
CELINA MEDICAL CENTER
- | WAPAKONETA PRIMARY CARE  
AT THE  
WAPAKONETA MEDICAL CENTER
- | GRAND LAKE HOME HEALTH
- | GRAND LAKE NEUROLOGY
- | GRAND LAKE ENT
- | GRAND LAKE OB/GYN
- | GRAND LAKE  
OCCUPATIONAL MEDICINE
- | GRAND LAKE PRIMARY CARE  
AT ST. MARYS
- | DR. GREGORY BERGMAN
- | DR. ROBERT GILL
- | URGENT CARE

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## **JOINT TOWNSHIP DISTRICT MEMORIAL HOSPITAL IS NOW CERTIFIED BY THE AMERICAN ASSOCIATION OF CARDIOVASCULAR AND PULMONARY REHABILITATION.**

*St. Marys, OH (August 4, 2009)* — Joint Township District Memorial Hospital is now certified by the American Association of Cardiovascular and Pulmonary Rehabilitation. AACVPR Certification distinguishes this comprehensive cardiac rehabilitation program as among the highest quality patient care and outcomes oriented programs in the nation.

JTDMH's Cardiac Rehabilitation opened in January, 1995. During the past ten years there have been 12,776 Phase II cardiac rehabilitation visits and over 69,000 visits total for cardiac rehab and wellness.

What once was only Phase II cardiac rehab has grown to include a wellness exercise program for continued cardiac health for those graduating from Phase II cardiac rehabilitation, and provides services to all other populations of chronic illness. At this time, our program can serve virtually any adult that wants to improve their overall health.

"Our staff is comprised of a multidisciplinary team, including registered nurses, ACSM exercise specialist, athletic trainers, and a certified health and wellness coach. The program also calls on services provided by other areas of the hospital such as the dietician, diabetic educator and pharmacy. Combined, there are over 50 years of cardiac rehabilitation experience provided to patients and clients in our cardiac rehabilitation and wellness programs. Our rehab facilities are located in the Cardiac Center in immediate proximity to our non-invasive cardiac diagnostic unit, which provides echocardiography, stress testing, holter/ambulatory monitoring, and electrocardiograms (EKGs)," says Carol Modica, Coordinator of Cardiac Services.

Cardiac Rehabilitation hours of operation are Monday, Wednesday, and Friday from 6 a.m. to 5 p.m.; Tuesday and Thursday from 6 a.m. to 4 p.m.; and Saturday from 6 a.m. to 2 p.m..

The Cardiac Rehabilitation program at Joint Township District Memorial Hospital is ranked in the top 1% of all hospital cardiac rehabilitation programs in the United States for customer service satisfaction according to Press Ganey, a national customer service organization.

The Cardiac Rehabilitation service at Joint Township District Memorial Hospital is an affiliate of Grand Lake Health System.

For more information, visit our web site at [www.grandlakehealth.org](http://www.grandlakehealth.org) or call 419-394-3335.

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